

March 2010

2180 Julian Ave NE Palm Bay, FL 32905

(321) 728-8895

www.coralreefacademypalmbay.com



The Reef by Coral Reef Academy

Spring Break March 29th – April 2nd
Coral Reef will be **CLOSED** on Good Friday

A BIG THANK YOU to everyone that made donations to the **Brevard Humane Society** on behalf of **Coral Reef Academy!**

"The greatest compliment you can give us is the referral of family and friends"



- Birthdays**
- Christian A. - 26th
 - R.J – 2nd
 - Jaylynn J. – 2nd
 - Lani D. – 4th
 - Kamari B. – 6th
 - Parker B. – 7th
 - Dylan H – 10th
 - Saniya J – 14th
 - Johnny D. – 18th
 - Colby M – 18th
 - Jayden S. – 18th
 - Logan M. – 19th
 - Kaylyn K. – 24th
 - Emily L. – 25th
 - Destiny W. – 30th



March 17th – St. Patrick's Day
Don't forget to wear your **GREEN!**



March 14th – Clocks Spring **FORWARD!!!**

We need **YOUR** help!!!
Lets get creative...

We want to give each classroom their own name. So put your thinking hat on and lets see what **YOU** can come up with!

- Theme: Animals
- Color: **Brown**
- Shape: Oval
- Number: 11
- Letters: R, S, T
- Opposites: Full/Empty
- Value: Patience
- Transportation: Train

Other Topics: Safety around animals, caring for pets, Dangers of talking to strangers

Special Events: St. Patrick's Day

- Ms. Shaneka - 3rd
- Ms Jaymie – 13th
- Ms. Rasha – 23rd



"Teaching kids to dream with their eyes wide open"

Crazy Corner



Charitable/Community Corner

For the month of March, bring in canned goods to help refill local food pantries in Brevard County. Canned goods of all kinds. Canned Veggies, Canned Soups, Canned Fruits...**ANYTHING CANNED!**



Coloring Corner



Cooking Corner

Ingredients
3-ounce box of lemon-flavor gelatin
Sugar
6 limes
1 teaspoon of whipped cream

Instructions Line an 8-inch square baking dish with plastic wrap, leaving several inches of overhang on each side (this will make removing the gelatin easier). Combine a 3-ounce box of lemon-flavor gelatin and 1 cup of boiling water in a medium bowl, stirring until the gelatin is dissolved. Stir in 1 cup of cold water, then pour the mixture into the baking dish. Cover the dish with plastic wrap and chill the gelatin for 4 hours or until firm, then slice the gelatin into 1/2-inch cubes. Cut off the top quarter of each of 6 limes, then, without cutting into the fruit, slice a thin layer of peel from the bottom of each one to help them stand upright. With a small knife, cut around the inside of each lime's rind to loosen the pulp, then spoon it out to make a shell. Place a pinch of sugar and 1 teaspoon of whipped cream in the bottom of each shell, then fill each lime pot with gelatin gold. Makes 6.





Tips to Prevent Spreading Germs

Children come home from daycare, school, and even extra-curricular activities with all sorts of bugs and viruses. Those germs can spread quickly to all members of the household. We can't keep our kids from being exposed to the germs, but we can educate our children on how to keep the germs from affecting them, and in turn, us. Try these tips to keep whatever is going around at your child's school from infecting your entire household.

First of all, it is important that you explain to kids, especially older children, how the germs get into their bodies. It isn't that germs somehow seep into our skin. The problem is when we get germs on our hands, we then put our hands in our mouths, eyes, and noses and get germs into our systems. Children need to understand that germs themselves are not harmful, it is ingesting the germs that poses potential threat. Encouraging your kids to keep their hands out of their mouths, noses, and eyes is the first step.

Next, teach your children (and yourself) to sneeze into your elbow, instead of your hands. Hands touch everything, whereas elbows don't really come in contact with much. To demonstrate this to children, ask one child to pretend to sneeze. Make sure he covers his mouth with his hands. Take baby powder and sprinkle it into your child's hands to show how the germs from the sneeze are now all over his hands. Next, give him a few pieces of black construction paper to pass around. The baby powder will transfer from his hands onto the construction paper. Now the other children can pick up the paper and realize that the "sneezer's" germs are now on everyone's hands. This is a great way to show children how quickly and easily germs can be spread.

There is no way to prevent germs from getting on our hands. Germs are everywhere and they are bound to end up on us. To keep germs from getting into our systems, hand washing is essential. Explain to your children why it is important to wash their hands. Then, show your children the proper way to wash. Hands should be wet first, and then a squirt of soap applied. Hands should be lathered for 30 seconds, about the amount of time it takes to sing "Happy Birthday" or say the "ABCs." Make sure to scrub the problem areas like the backs of hands, in between fingers, and around nail beds. Rinse hands thoroughly in warm water and dry, preferably with a hand dryer or disposable towel.

Whether you are 2, 32, or 72, being sick is no fun. Teaching your children the importance of proper hand washing, sneezing into the elbow, and keeping their hands out of their mouths, eyes, and noses, are all important habits that lead to the invaluable benefit of good health.

